Interviewee: Annalyse Maria Stratton Interviewer: Joseph Alvis Richard Stratton

Date: December 7<sup>th</sup>, 2020

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## Abstract:

Annalyse Stratton was born in marsh field, Wisconsin and grew up in Colby, Wisconsin. She works at Grace Lutheran Communities as a child care teacher. In this interview Annalyse shares how the Covid-19 pandemic has affected her, her family and her friends as well as her thoughts on the pandemic itself. She shares what it has been like to work during these difficult times and also shares what she thinks that we can do moving forward. Finally she touches on the politics of the situation and how we can learn from it.

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00:00:04.110 --> 00:00:13.349

Joseph Stratton: Hello, I am Joseph Stratton and I am 22 years old I am conducting an oral history with my wife Annalyse

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00:00:14.370 --> 00:00:30.240

Joseph Stratton: In the US right now, the current coven statistics are there are 414,796,237 cases and 282,214 deaths.

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00:00:32.940 --> 00:00:34.950

Joseph Stratton: Anna, would you like to introduce yourself.

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00:00:35.880 --> 00:00:48.480

Annalyse Stratton: Yeah. So my name is Annalyse Stratton, I am a junior at the University of Wisconsin Eau Claire, I am majoring and unified early childhood education and I am 20 years old.

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00:00:51.120 --> 00:00:56.490

Joseph Stratton: So at this point I will know the date and time to it is December.

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00:00:57.570 --> 00:01:00.180 Joseph Stratton: 7 at 6:42pm

00:01:01.890 --> 00:01:05.790

Joseph Stratton: Um, do you mind sharing a little bit of like your demographic information.

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00:01:06.780 --> 00:01:09.450

Annalyse Stratton: Yep, so I am Latino and Caucasian

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00:01:13.020 --> 00:01:16.230

Joseph Stratton: What's your age, gender, if you mind sharing

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00:01:16.500 --> 00:01:18.840

Annalyse Stratton: I'm 20 years old and I'm a female

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00:01:20.430 --> 00:01:21.960

Annalyse Stratton: Or anything like that.

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00:01:23.730 --> 00:01:24.660

Joseph Stratton: That's it for that part.

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00:01:26.730 --> 00:01:30.870

Joseph Stratton: What are some of the primary things that you do on a day to day basis.

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00:01:31.320 --> 00:01:39.900

Annalyse Stratton: Um, so, on a day to day basis. I'm usually at work, especially since the this past March. I've been working

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00:01:41.220 --> 00:01:55.680

Annalyse Stratton: quite a bit during the days because at my childcare. Childcare program. I work out. We started doing an all day option for childcare. So I've been working a lot and a lot of school work. I am

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00:01:56.880 --> 00:02:05.070

Annalyse Stratton: I've been full online this whole semester. So I've gotten a lot of hours in at work and a lot of time I've been doing homework.

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00:02:06.900 --> 00:02:12.480

Joseph Stratton: Oh, if you don't mind sharing to what childcare place do you work.

00:02:13.140 --> 00:02:15.570

Annalyse Stratton: I work for grace Lutheran communities.

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00:02:19.890 --> 00:02:22.980

Joseph Stratton: And I guess next question would be,

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00:02:24.270 --> 00:02:25.050 Joseph Stratton: Where do you live,

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00:02:25.950 --> 00:02:27.120

Annalyse Stratton: I live in Eau Claire

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00:02:30.300 --> 00:02:36.900

Joseph Stratton: What would you say it's like here. I know Eau Claire, if you just were to sum it up in a couple words or a couple sentences.

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00:02:37.500 --> 00:02:41.160

Annalyse Stratton: I think go Eau Claire's a very artsy town. I think that

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00:02:42.420 --> 00:02:48.900

Annalyse Stratton: In terms of like politics we lean more on like the Democrat Democrat, liberal side.

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00:02:50.550 --> 00:02:52.320

Annalyse Stratton: I just, I think it's a really good town.

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00:02:56.040 --> 00:02:58.020

Joseph Stratton: Um, when you first learned about Covid

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00:02:59.580 --> 00:03:00.630

Joseph Stratton: What were your thoughts about it.

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00:03:02.850 --> 00:03:10.230

Annalyse Stratton: Honestly, at first I didn't really think much of it. I didn't really know much about what was going on. I didn't

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00:03:10.740 --> 00:03:25.650

Annalyse Stratton: See very much in the news when it first started, and I think now especially I've gotten a lot better about keeping track of what's going on in the news, but yeah. First, I definitely thought it wasn't as big of a deal as it turned out to be, but so

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00:03:26.640 --> 00:03:29.040

Joseph Stratton: Would you say your thoughts of it have changed quite a bit.

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00:03:29.520 --> 00:03:30.510 Joseph Stratton: Oh, absolutely.

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00:03:30.960 --> 00:03:50.070

Annalyse Stratton: I think that, especially with work I'm seeing all the precautions. We've had to take and, you know, seeing all the different viewpoints on it. I think that at the end of the day, it is a pandemic. And I think that we have to take it seriously, regardless of, you know, how we feel about it.

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00:03:53.550 --> 00:03:59.880

Joseph Stratton: Um, what issues have concerned you about the pandemic, the most would you say?

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00:04:01.080 --> 00:04:10.530

Annalyse Stratton: My main concern is. I have two main concerns. My first one will not my first. I don't really have them in order. But one of the concerns I have is

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00:04:12.420 --> 00:04:21.300

Annalyse Stratton: How you know there are a lot of people, it seems like that aren't willing to try and do their part and help take care of people.

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00:04:21.960 --> 00:04:29.250

Annalyse Stratton: You know, even, and I understand that it's hard to see past like your small circle of your own life. But I think that

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 $00:04:29.850 \longrightarrow 00:04:38.250$ 

Annalyse Stratton: At the end of the day, we have to take care of each other and that includes people we don't even know. And so, you know, just because it doesn't affect

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00:04:38.700 --> 00:04:52.140

Annalyse Stratton: Your life directly doesn't mean that it isn't a serious for someone that lives next door to or across the street from your cross town, and I think that it's pretty concerning to see

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00:04:53.610 --> 00:04:57.300

Annalyse Stratton: The lack of compassion and I think another concern is

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00:04:58.350 --> 00:05:07.980

Annalyse Stratton: Just how many lives. We've lost and how many lives have been impacted by this you know it's it's scary to see how things have changed. And, you know,

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00:05:08.670 --> 00:05:16.770

Annalyse Stratton: Just driving past like where the food drives are and stuff like how many more people are there and all the hospitals and how full they are, it's just

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00:05:17.220 --> 00:05:32.250

Annalyse Stratton: It's pretty sad, and I think that it, that all comes back to the whole compassion thing that we're lacking in it. And I think that it really shows that it really shows some people's character. I think at the end of the day, so

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00:05:35.010 --> 00:05:35.640

Joseph Stratton: Um,

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00:05:36.720 --> 00:05:45.240

Joseph Stratton: So you mentioned that you work in a child care position. So has COVID affected your job would you say

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00:05:46.170 --> 00:05:53.730

Annalyse Stratton: Oh yeah, absolutely. I started working for my program, I think, about a year and

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00:05:54.870 --> 00:06:07.830

Annalyse Stratton: Two months from two months ago, so a year in two months and I started out my average hours at work were 12 and now I'm working about 25 hours a week and

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00:06:08.310 --> 00:06:17.940

Annalyse Stratton: We have a lot more sort of precautions going on, like, you know, the kids have to, you know, not use the communal toys anymore. We have to

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00:06:18.420 --> 00:06:37.440

Annalyse Stratton: You know, constantly be sanitizing everything, including our hands the toys markers everything we had to divide a lot of things up. And I also think that just with all day care, especially when the pandemic got pretty bad in March and we had a little bit of that shut down.

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00:06:38.850 --> 00:06:41.730

Annalyse Stratton: We saw definitely we definitely saw a lot of

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00:06:43.530 --> 00:06:53.430

Annalyse Stratton: Like increase in the need for childcare, but then a huge dip in it too. I think that because a lot of parents ended up working from home.

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00:06:54.030 --> 00:07:00.600

Annalyse Stratton: But in terms of the kids. I think that I definitely saw a lot of struggles, especially in that

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 $00:07:01.350 \longrightarrow 00:07:10.440$ 

Annalyse Stratton: March time, you know, they, they weren't used to online school and things were getting crazy. And even now with, you know, the back and forth in between.

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00:07:10.800 --> 00:07:18.720

Annalyse Stratton: You know, being at school and being at home like from quarantine or just the school shutting down itself, it's, it's a lot to put on kids especially

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00:07:19.470 --> 00:07:24.960

Annalyse Stratton: Our younger ones, but we're making it through. And I think that it's great that I work for a program that

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 $00:07:25.440 \longrightarrow 00:07:42.330$ 

Annalyse Stratton: You know, reached out to all our families and said like, hey, if you want to come during the virtual days like for us to help them that's been really useful. And I think that it's a great learning experience for me and my co workers because majority of us are education majors.

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00:07:43.380 --> 00:07:59.490

Annalyse Stratton: So having that experience in kind of being thrown into helping them learn their schoolwork, and kind of working a little bit with their teachers online, it's, it's been a great experience. And I think that um you know the pandemic is bad, but I think that there are

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00:08:00.780 --> 00:08:03.240

Annalyse Stratton: Small blessings that I can hold on to.

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00:08:06.990 --> 00:08:07.500

Joseph Stratton: Um,

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00:08:08.700 --> 00:08:12.660

Joseph Stratton: So, since all of this has changed with your work and whatnot, since the beginning.

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00:08:14.310 --> 00:08:18.810

Joseph Stratton: Has the pandemic changed your employment status?

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00:08:19.890 --> 00:08:30.600

Annalyse Stratton: I'm not quite my employment status. I'm still I'm still considered a childcare teacher but you know some certain things have changed. So now I you know I learned how to drive.

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00:08:31.080 --> 00:08:38.340

Annalyse Stratton: One of those shorter buses, so that we can transport the kids from our Altoona schools. And so that's been an interesting thing to learn and

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00:08:39.390 --> 00:08:50.340

Annalyse Stratton: Like I said earlier, just just having to figure out almost how to teach without actually being fully a teacher. Yet, which has been super interesting. And I think that

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 $00:08:51.420 \longrightarrow 00:08:58.710$ 

Annalyse Stratton: The way teachers are handling it are super they're doing a super job like they're, it's just incredible. The way that they're able to

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00:08:59.130 --> 00:09:10.440

Annalyse Stratton: You know, communicate the instructions of everything and it makes it a lot easier for me and my co workers and probably a lot of parents too. So I think that it's awesome that

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00:09:11.040 --> 00:09:20.340

Annalyse Stratton: Teachers are adapting to the online learning. And you can really tell which ones are really embracing it. And, you know, trying to make the best out of the situation.

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00:09:24.840 --> 00:09:31.710

Joseph Stratton: So you said it hasn't really affected your employment status, but it's affected certain aspects of your job.

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00:09:32.970 --> 00:09:37.830

Joseph Stratton: As the pandemic effective employment of people that you do know, besides yourself.

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00:09:38.640 --> 00:09:44.730

Annalyse Stratton: Um, yep. I know a few people who have, you know, had to start working from home. I know some people have

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00:09:45.390 --> 00:10:00.180

Annalyse Stratton: You know, been a little bit worried about their jobs. And honestly, sometimes you know I get a little worried about, you know, we haven't had to shut down our program yet, but I just, you know, sometimes you never know what's going to happen and

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00:10:00.510 --> 00:10:01.440 Annalyse Stratton: Depending on

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00:10:01.560 --> 00:10:07.650

Annalyse Stratton: You know cases in our program and stuff, you know, things could things could change any minute.

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00:10:12.120 --> 00:10:12.630

Joseph Stratton: So,

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00:10:14.220 --> 00:10:20.790

Joseph Stratton: Um, how is coven would you say affected you and your family's day to day activities.

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00:10:21.630 --> 00:10:33.450

Annalyse Stratton: Hmm. Well, for me, like I said, I've been working a lot more which I am grateful for. I'm grateful experience I've had some family who started working from home.

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00:10:34.980 --> 00:10:43.200

Annalyse Stratton: Day to day though i think that you know I live pretty much the same way I did before. Besides going out, you know, I don't

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00:10:44.730 --> 00:10:50.070

Annalyse Stratton: You know, go. Many places I usually only am at my house or at work.

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00:10:51.300 --> 00:11:03.000

Annalyse Stratton: And that's pretty much it. Which honestly it's not that much different from what I did before. But yeah, I think in terms of my family. I had a lot of family members who were

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00:11:03.930 --> 00:11:11.520

Annalyse Stratton: They did like to go out and have a good time. And I've had to see them, you know, kind of hold back and not do that anymore and I am

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00:11:12.480 --> 00:11:20.490

Annalyse Stratton: I've also seen a lot of my family who has decided that they don't want to stop doing that. And I think that, you know, at the end of the day.

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00:11:21.030 --> 00:11:39.390

Annalyse Stratton: People are going to make their own decisions. But I just really hope that you know they find it in their hearts to say like, it's time to slow down and help the virus slow down itself. So, but, yeah, in terms of, you know, just myself. Not much has really changed.

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00:11:45.030 --> 00:11:48.570

Joseph Stratton: So then, I guess. Moving on to the next question here.

00:11:50.820 --> 00:11:59.490

Joseph Stratton: How are you managing your day to day since things have changed so drastically. Even if like your day to day activities haven't changed too much.

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00:12:01.770 --> 00:12:04.380

Joseph Stratton: How are you managing what has changed.

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00:12:04.560 --> 00:12:09.150

Annalyse Stratton: Yeah, so, um, in terms of going online for my schooling.

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00:12:10.320 --> 00:12:19.560

Annalyse Stratton: At first it was a huge curveball. For me, I am a, I'm a really detailed learner. I like having that extra detail about what I'm learning and

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00:12:20.190 --> 00:12:30.330

Annalyse Stratton: Having to transition online and, you know, watching pre recorded lectures or, you know, having to do a zoom call like this for a lecture, it, it was difficult at first and

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00:12:31.080 --> 00:12:45.030

Annalyse Stratton: I think especially because not only were the students at the university having to figure it out, but also the professors. And so I think that now that things have started to, you know, we've been online for a while now and

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00:12:46.140 --> 00:12:54.450

Annalyse Stratton: A lot more people are getting used to it and i think it's it's slowly become a lot better than it started out as. Um, but yeah, I think that

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00:12:55.650 --> 00:12:58.170

Annalyse Stratton: With work. It's been great. My

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00:12:59.400 --> 00:13:03.270

Annalyse Stratton: My bosses have been really good about making sure that we're

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00:13:04.350 --> 00:13:10.560

Annalyse Stratton: having enough time to do our classes on our schoolwork, and you know we have a little bit of a back room where

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00:13:11.430 --> 00:13:24.600

Annalyse Stratton: Our Altoona all day location is so you know if we do need to do work, we can go back there and they're just it's a really, they're really accommodating to what you need. And I think that that's been a really great thing to have, especially right now.

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00:13:26.730 --> 00:13:37.650

Joseph Stratton: So, kind of in looping back to family a bit, um, has the outbreak of Kobe it affected how you associate and communicate with friends and family.

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00:13:38.100 --> 00:13:46.560

Annalyse Stratton: Oh yeah, for sure. Um, you know, and it just in terms of my parents. They live about an hour away and I really haven't seen them much

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00:13:47.130 --> 00:13:55.830

Annalyse Stratton: Once in a while I'll see them. And, you know, we've done a little bit of a sometimes we see each other from a distance, or sometimes, you know,

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00:13:56.520 --> 00:14:07.530

Annalyse Stratton: Like in like if they travel because some of my family's been traveling like I'll wait a while before I go see them, stuff like that. But for the most part it's been a lot less than I used to an impact.

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00:14:09.210 --> 00:14:15.660

Annalyse Stratton: I just I go a lot of weeks or months questioning, if I'm going to see them soon or not, which

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00:14:16.470 --> 00:14:25.620

Annalyse Stratton: At the end of the day it it doesn't bother me as much as I thought it would. And I think it's because I go back to that whole compassion thing I have to think about

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00:14:26.100 --> 00:14:36.960

Annalyse Stratton: You know, people surrounding me and the people that I don't even know. And I have to put my heart out for them. And I think that that's given that's mean me and learn a lot about

00:14:37.740 --> 00:14:47.670

Annalyse Stratton: You know, it is good to be selfless sometimes to be selfish. It's, it's great to take care of yourself. But I think that when it comes to a pandemic, you have to take care of each other.

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00:14:48.300 --> 00:14:48.750

Though

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00:14:50.730 --> 00:14:58.530

Joseph Stratton: So since the beginning of all of this, what would you say is the some of the biggest challenges you've personally faced

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00:15:00.360 --> 00:15:05.940

Annalyse Stratton: The biggest challenges. I'm probably biting my tongue.

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00:15:08.520 --> 00:15:18.720

Annalyse Stratton: That's been pretty difficult for me and I'm the kind of person that you know I want people to know my opinion. But I think that there comes to a point where

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00:15:19.440 --> 00:15:35.010

Annalyse Stratton: People are going to believe and think what they want to think and at the end of the day, all I can do is make sure that I know where my head is and where my heart is and I can't control anyone else. And that's been really hard for me, you know,

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00:15:36.060 --> 00:15:47.790

Annalyse Stratton: For example, being a student at Auclair and seeing how many of my peers are, you know, going to the bars without masks. It's very disappointing for me. I think that

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00:15:48.450 --> 00:15:57.870

Annalyse Stratton: You know, we're young adults, but we are at the end of the day, at the end of the day, we are adults. And so if we're only thinking about ourselves.

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00:15:58.260 --> 00:16:06.600

Annalyse Stratton: Especially during a pandemic, or being childish. And I think that, you know, you have to, you really have to put yourself in other people's shoes and

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00:16:06.960 --> 00:16:15.480

Annalyse Stratton: That's a really hard thing sometimes because you you get so focused on the things that are wrong going on in your life. Because of this, but

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00:16:16.020 --> 00:16:27.900

Annalyse Stratton: We really can't be doing that. And so having to bite my tongue and just say, You know what, I can't control other people, that's been a big challenge for me. And I think another one has been

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00:16:29.940 --> 00:16:44.160

Annalyse Stratton: Just not not necessarily not seeing my family, but just not knowing you know what's going to happen tomorrow or the next day and I I have had a lot of family who have had posted

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00:16:44.760 --> 00:16:50.610

Annalyse Stratton: And oh, it scares me scares me to death. You know, you never know how it's gonna affect your body and

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00:16:51.030 --> 00:17:02.280

Annalyse Stratton: You know i i read about all these cases where someone's as healthy as they can be or young or they're they're active and it really affects their body. And I think that

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00:17:02.820 --> 00:17:14.250

Annalyse Stratton: You never know what it can do to you and it's it's very scary to hear about essentially family getting in friends, it's, it's very nerve wracking. So that's been pretty hard to

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00:17:16.380 --> 00:17:17.460

Joseph Stratton: That, that's for sure.

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00:17:18.750 --> 00:17:29.670

Joseph Stratton: So I guess a little bit on a little lighter note, um, what have you. Were your family done for recreation during this pandemic when we're all stuck inside, for the most part.

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00:17:30.030 --> 00:17:45.690

Annalyse Stratton: Oh my goodness. So I've done a lot of face time with my mom and one of those people where I talked to my mom every single day and you know she drives me crazy. But I can't imagine not talking to her for one day. So a lot of FaceTime calls

00:17:47.130 --> 00:18:01.290

Annalyse Stratton: I've learned how to play poker I played a lot of Yahtzee. Um, you know, I like to go for a walk. So that's been another thing, you know, walking, just even around the block once or twice and stuff like that.

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00:18:02.880 --> 00:18:05.370

Annalyse Stratton: So yeah, stuff like that. And I think that

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00:18:06.660 --> 00:18:18.300

Annalyse Stratton: It's been a great time to catch up with you. I think that, you know, our first year being married. We were so busy with school and everything. So having that extra time to

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00:18:18.690 --> 00:18:24.570

Annalyse Stratton: You know, spend time with you and learn new things with you cooking with you. It's been really great. I think that

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00:18:25.200 --> 00:18:33.330

Annalyse Stratton: You know, if you do live with someone. During this time, you know, you can dwell on the fact that you can't go out and you know go meet up with some of your friends.

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00:18:33.750 --> 00:18:43.080

Annalyse Stratton: But it also could be a great opportunity to say, well, I'm gonna, you know, become even closer with the people I'm living with or I'm gonna start calling people more

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00:18:43.590 --> 00:18:46.500

Annalyse Stratton: Or I'm going to learn how to knit or something. I think that

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00:18:46.950 --> 00:19:04.140

Annalyse Stratton: If you look at it at more of a positive angle, rather than some people have been looking at it as so many things are taken away. But if you look at it from an angle of I'm given the opportunity to try new things, it's, it can be a really great thing. And I think that could help a lot with

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00:19:05.160 --> 00:19:20.040

Annalyse Stratton: Our cases if people would just not dwell so much on, you know, well, I'm going to go out and I'm going to wear. I'm not gonna wear a mask. Well, then we're going to be stuck like this for a very long time. So just trying to think

00:19:23.010 --> 00:19:28.980

Joseph Stratton: So in now kind of going into more of health aspects of the pandemic, um,

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00:19:30.030 --> 00:19:36.270

Joseph Stratton: Have you or anybody that you know gotten sick with Coke during this outbreak.

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00:19:36.630 --> 00:19:57.600

Annalyse Stratton: Yep. So I've had quite a few family members who have gotten sick. I myself have not gotten sick with coven I'm very surprised about that because of work, but honestly, my work, either we I don't. I think we've only had one positive case and that was at a school location and so

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00:19:59.250 --> 00:20:11.130

Annalyse Stratton: That's very exciting for me to know that, you know, I've been, you know, doing my part, and it's it's paid off. So that's been good. But yeah, I have had a few family members who have gotten sick so

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00:20:12.810 --> 00:20:15.240

Joseph Stratton: So then, in what ways do you think

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00:20:16.740 --> 00:20:22.860

Joseph Stratton: That code is affecting people's mental health or physical health to even people who don't get it.

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00:20:23.280 --> 00:20:38.970

Annalyse Stratton: Yeah, so, um, mental health wise, I think that, you know, there are a lot of people who thrive on their social life. And I think that it's probably been really hard for them and I feel for them and i i'm really

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00:20:40.260 --> 00:20:44.790

Annalyse Stratton: I feel bad that they're going through such a, you know, it is kind of a dark time and so

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00:20:45.900 --> 00:21:00.510

Annalyse Stratton: But it's like I said earlier, if you really just try and take your take this time to try new things and you know experiment. It could be a really great thing. And I think that there are a lot of like options. I know on campus where

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00:21:01.650 --> 00:21:07.470

Annalyse Stratton: You know, there's like virtual counseling and stuff like that. But in terms of people I know.

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00:21:09.450 --> 00:21:30.480

Annalyse Stratton: I haven't really heard of anyone in my family or friends who have been having a hard time mentally with this physical health. I mean everyone that I know who have had, who has had Colvin has recovered pretty well from it. So that's, that's really good. Um, but yeah, I think that um

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00:21:31.740 --> 00:21:46.140

Annalyse Stratton: It's a great time to get your body moving and I think even though we can't, you know necessarily go to the gym. We want to at least we can go outside and go on a walk or we can do a fun at home workout. I think that it's a great opportunity to start trying that kind of stuff.

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00:21:47.760 --> 00:21:52.950

Joseph Stratton: I agree with that. Um, so kind of now and moving to the next topic.

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00:21:54.510 --> 00:21:56.760

Joseph Stratton: And uh well contested topic at that

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00:21:57.840 --> 00:22:02.190

Joseph Stratton: What have been your primary sources of news throughout this pandemic.

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00:22:02.940 --> 00:22:09.270

Annalyse Stratton: Um, I, I try my best to mostly just look at

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 $00:22:10.350 \longrightarrow 00:22:17.190$ 

Annalyse Stratton: The CDC website. It's something like, for example, Facebook has been

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00:22:18.540 --> 00:22:23.130

Annalyse Stratton: It's been difficult to go on. There's just so many different you know

00:22:25.440 --> 00:22:32.520

Annalyse Stratton: news sources and some pretty sketchy ones that I've seen some of my friends and family share. And I'm like, Come on.

147

00:22:32.760 --> 00:22:34.080

Annalyse Stratton: Did you even read it.

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00:22:34.650 --> 00:22:43.410

Annalyse Stratton: Did you even read the whole article but yeah I try and just steer away from that and, you know, kind of keep with my local news and

149

00:22:44.940 --> 00:22:51.840

Annalyse Stratton: You know, like I said, the CDC website. You've been a great source of someone who can give me good information and

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00:22:52.980 --> 00:22:55.500

Annalyse Stratton: Accurate information. So that's been really helpful.

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00:22:57.120 --> 00:22:58.470

Annalyse Stratton: Stuff like that, you know,

152

00:23:00.240 --> 00:23:06.600

Joseph Stratton: So have your new sources changed over the course of the pandemic, or have they remained pretty much the same.

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00:23:07.350 --> 00:23:11.340

Annalyse Stratton: Um, I would, I would say that

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00:23:12.420 --> 00:23:17.610

Annalyse Stratton: It's, it's hard to say because like I said at the beginning of this, I wasn't a very good

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00:23:18.480 --> 00:23:33.450

Annalyse Stratton: I wasn't very good at, you know, keeping an eye on the news and stuff. It just was never one of those things that I had looked at, but now it seems like you know it's it's a lot of covert information. And I think that it's a good thing that you know it's out there and

156

00:23:34.860 --> 00:23:48.120

Annalyse Stratton: People are given a chance to know about what's going on. But yeah, I don't, I'm not necessarily sure if I can say if it's changed or not just because I didn't really look at the news much before that.

157

00:23:50.190 --> 00:23:54.840

Joseph Stratton: So what do you think are some important issues that the media is or is not covering

158

00:23:57.120 --> 00:23:58.170 Annalyse Stratton: I think that

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00:24:00.030 --> 00:24:05.010

Annalyse Stratton: Um, I would say that there's just a lot of media out there that

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00:24:06.270 --> 00:24:17.190

Annalyse Stratton: That is not quite accurate. And I think that that's more harmful than good. And I've seen a lot on like my Facebook and Instagram, stuff like that. Twitter.

161

00:24:18.150 --> 00:24:26.790

Annalyse Stratton: There have been like little icon saying like, like you can go to this website to see if this is an accurate source or not. And that's been really good to see

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00:24:28.020 --> 00:24:36.750

Annalyse Stratton: I think that, you know, it's one of those things where you really, you have to look at the website and you have to look at the source, you're getting it from and

163

00:24:37.410 --> 00:24:52.830

Annalyse Stratton: You know it's and that's hard to, you know, ignore one of those Facebook shares that says that cove. It's fake and whatnot it, you know, they look real. But it's not real, so that

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 $00:24:52.860 \longrightarrow 00:25:03.510$ 

Annalyse Stratton: Isn't more harmful than good to to be sharing things like crazy before actually really looking into the source you're sharing because you know

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00:25:04.050 --> 00:25:17.670

Annalyse Stratton: Like I said, not a lot of people want to go and check and see if there's courses accurate. And I think that, you know, that could that could change someone's mind about how precaution that they're being and that could do a lot of harm. So

166

 $00:25:19.800 \longrightarrow 00:25:24.690$ 

Joseph Stratton: So kind of ushering into the next kind of idea here.

167

00:25:25.920 --> 00:25:37.620

Joseph Stratton: So how have the local like municipal municipal leaders or government officials and your community, how they responded to the pandemic.

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00:25:38.370 --> 00:25:50.670

Annalyse Stratton: I mean it's it's hard for me to say, I think that everyone. Well, almost everyone is trying to rush to stay on top of things and you know really be proportionate, I know that.

169

00:25:52.170 --> 00:25:54.510

Annalyse Stratton: This is kind of going a little off topic, but

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00:25:56.190 --> 00:25:58.710

Annalyse Stratton: The Chancellor at Eau Claire, I think, has

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00:26:00.000 --> 00:26:04.650

Annalyse Stratton: In my opinion, and there are a lot of people who have different opinions about this, but I think that

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00:26:06.720 --> 00:26:18.570

Annalyse Stratton: A lot of people are claiming that it's about safety first. But their actions are not really showing that. So, you know, going back to campus same February 1 you know

173

00:26:20.250 --> 00:26:27.450

Annalyse Stratton: We're going back to campus after everyone's been home for the holidays and for our j term. And so, you know,

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00:26:28.110 --> 00:26:35.580

Annalyse Stratton: That's not really taking our safety has the number one priority. And I think that it has a lot to do with money. And I think that

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00:26:36.300 --> 00:26:46.320

Annalyse Stratton: And I understand that, you know, the university needs money and everything like that. But at the end of the day, I just, I don't think it's right to claim that

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00:26:46.920 --> 00:26:57.270

Annalyse Stratton: Safety is number one, and then do something completely opposite of being safe. I think that it's silly and the whole Spring Break thing. I understand where their thought was

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00:26:57.720 --> 00:27:07.440

Annalyse Stratton: But I think that it's you know it's like I said, we're gonna, you know, have long weekends and then or we're not going to have those long weekends. Like, they said, but

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00:27:08.550 --> 00:27:19.230

Annalyse Stratton: We're going to come back in February and it's going to be a lot of people who are traveling from home, and it's just, I just don't think that the reasoning for it made much sense. So

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 $00:27:21.780 \longrightarrow 00:27:23.580$ 

Joseph Stratton: So, in comparison. Now,

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00:27:24.720 --> 00:27:32.490

Joseph Stratton: Do you have any thoughts on how like local, state, or federal leaders are responding differently to the pandemic.

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 $00:27:32.730 \longrightarrow 00:27:34.410$ 

Annalyse Stratton: Yeah, I think that um

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 $00:27:35.670 \longrightarrow 00:27:41.940$ 

Annalyse Stratton: You know, our leaders seem to have a lot of different ways that they're handling it. I think that

00:27:44.280 --> 00:27:58.260

Annalyse Stratton: I i'm pretty disappointed. Honestly, and how our president has been handling the situation and I'm hopeful for our next president and hopeful that he will take it in his hands, and really, you know, get it under control. I think that

184

00:27:59.310 --> 00:28:03.900

Annalyse Stratton: It became so political and it became this huge thing that

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00:28:06.630 --> 00:28:18.390

Annalyse Stratton: It became so political and I think that that is so wrong. This is the health and safety of our of the citizens and for making it into a political

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00:28:19.140 --> 00:28:29.790

Annalyse Stratton: You know issue and there is no room for that there. And I think that it's, you know, if you have a the president, let's say,

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00:28:30.480 --> 00:28:37.230

Annalyse Stratton: And the President says this virus is fake or says things along those lines all of his, you know,

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00:28:37.770 --> 00:28:47.040

Annalyse Stratton: Followers not necessarily followers, but all people that really support him. They're going to believe that. And that's why we're still here. That's why we're still

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00:28:47.520 --> 00:28:56.310

Annalyse Stratton: You know, on our second wave and we're you know we possibly could go into a third way of. And I think that it really shows that

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00:28:57.150 --> 00:29:04.860

Annalyse Stratton: You know somebody's words and actions, especially a leader has a huge impact on how things play out. And I think that

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00:29:05.490 --> 00:29:19.260

Annalyse Stratton: If our president would have taken the seriously right away and said everyone needs to do their part, stay home wear a mask follow all the rules that the scientists are telling us. I truly do not think that we would be

00:29:20.730 --> 00:29:25.980

Annalyse Stratton: Here where we are today. I think that things will be a lot more positive. I think that

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00:29:26.400 --> 00:29:38.970

Annalyse Stratton: You know, our cases would we down. I think that we would, you know, slowly be able to start, like, you know, getting back to normal. And at this point I think that we're far from normal and I don't necessarily know

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00:29:40.080 --> 00:29:47.370

Annalyse Stratton: If our normal will be the same normal we knew before. And I think this could have been avoided. I absolutely do think it could have been avoided.

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00:29:50.670 --> 00:29:54.030

Joseph Stratton: So on to our last little topic here.

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00:29:56.880 --> 00:30:03.510

Joseph Stratton: How has your experience transformed how you think about family, friends, community.

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00:30:06.510 --> 00:30:08.790

Annalyse Stratton: It's changed a lot. I think that

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00:30:10.230 --> 00:30:14.430

Annalyse Stratton: In terms of family. I think that, especially around now the holidays.

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200

 $00:30:15.720 \longrightarrow 00:30:17.010$ Annalyse Stratton: My main thing is

 $00:30:18.960 \longrightarrow 00:30:31.290$ 

Annalyse Stratton: Family means caring and supporting each other. And if that means I have to do it from home. Absolutely. You know, I have, you know, nieces and nephews, I have

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 $00:30:32.880 \longrightarrow 00:30:37.710$ 

Annalyse Stratton: other family members. I have some family members who have underlining conditions. And I think that

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00:30:38.520 --> 00:30:51.600

Annalyse Stratton: I, I just want to make sure that they're safe and I want to make sure that loved and my way of showing them how much I love them. Now it's doing everything I can to be safe for them. And I think that that's one thing that has changed.

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00:30:53.250 --> 00:30:56.880

Annalyse Stratton: What other aspects, where were you questioning besides family.

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00:30:57.960 --> 00:30:59.700

Joseph Stratton: Family, friends or community.

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00:30:59.880 --> 00:31:09.540

Annalyse Stratton: Okay. So friends. Um, it's, you know, I have a very good friend that I work with. So I've been really blessed to be able to see her even outside of work.

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00:31:10.680 --> 00:31:18.900

Annalyse Stratton: You know, since we work with each other every day. It just feel safe to see her. And I think that that's been really great. Having having people to

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00:31:19.500 --> 00:31:25.860

Annalyse Stratton: You know, lean on and you know sometimes during this time. Like I said, you can think selfishly, and like

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00:31:26.310 --> 00:31:37.050

Annalyse Stratton: Get upset about things like they are missing out on are things that you know wish were different. But, you know, talking about it and letting that out with friends is really great. And I think that

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 $00:31:37.650 \longrightarrow 00:31:47.490$ 

Annalyse Stratton: You know this pandemic, we have it you know decently well with all the FaceTime and phone calls that we can do zoom. So that's been really great.

210

00:31:48.540 --> 00:32:01.050

Annalyse Stratton: Just, just in general, I think that um I've grown up a lot during this pandemic and i think that you know that comes at a lot of aspects. I've grown up in terms of really realizing how

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00:32:01.920 --> 00:32:12.570

Annalyse Stratton: How much you know is out there. How much more there is to life than just, you know, my small circle of people are, you know, there's and

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00:32:13.320 --> 00:32:25.260

Annalyse Stratton: I just think that it's made me grow too in terms of realizing, like how important healthcare workers are and teachers and you know all the essential workers. I think that

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00:32:26.520 --> 00:32:36.420

Annalyse Stratton: I think that it's really important to recognize that and be thankful for them because at the end of the day, those are really hard jobs to do, especially right now and

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00:32:37.230 --> 00:32:46.980

Annalyse Stratton: And you know just just appreciating more than what is in my own personal life. I think that I've grown a lot in doing that.

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00:32:49.320 --> 00:32:52.920

Joseph Stratton: So kind of enclosing now. Knowing what you know now.

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00:32:54.180 --> 00:33:01.380

Joseph Stratton: What do you think that individuals or community communities or governments need to keep in mind for the future.

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00:33:03.150 --> 00:33:19.890

Annalyse Stratton: I think for the future. Like I said earlier, we, we have to support each other and take care of each other. And if that means taking care of each other from home, then so be it. You know, whatever we have to do to make sure that we're all safe and we're all taken care of.

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00:33:21.330 --> 00:33:30.450

Annalyse Stratton: You know, doing stuff like reaching out to friends that you haven't talked to in a while, making sure they're okay or staying home if it helps make sure that you know

00:33:31.410 --> 00:33:38.190

Annalyse Stratton: The person next door to you doesn't, you know, catch the virus and get really sick from it, stuff like that. I think that

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00:33:39.150 --> 00:33:54.420

Annalyse Stratton: I think that we need to have a really strong leader who can really see past you know the money aspect of it or the political side of it and see that there are lives in danger and

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 $00:33:56.670 \longrightarrow 00:34:02.520$ 

Annalyse Stratton: Caring about those lives at the end of the day, I think that that's the most important thing. And I think that

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00:34:05.130 --> 00:34:15.660

Annalyse Stratton: I think America is pretty damaged. To be honest, I think that for so long. Growing up, and you know, even the first couple years of school for me in college.

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00:34:16.290 --> 00:34:35.160

Annalyse Stratton: I always thought that, you know, Americans were very like supportive of each other and everything, but seeing how how people are being so stubborn and not opening their eyes to other people's lives it it really shows that, you know, we need a little bit more compassion.

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 $00:34:36.360 \longrightarrow 00:34:47.580$ 

Annalyse Stratton: So at the end of the day, I think that compassion and having a strong leader who you know listens to other people and takes advice from, you know, other countries and stuff like that like

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00:34:47.970 --> 00:34:53.190

Annalyse Stratton: You know, not being so stubborn. I think that looking outside the box is a really important thing to do.

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00:34:56.250 --> 00:35:02.370

Joseph Stratton: Well, I think that's about it for questions. Thank you for coming on and doing this and

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00:35:02.850 --> 00:35:06.090

Joseph Stratton: You have a great rest your day and stay safe.

00:35:06.390 --> 00:35:07.170 Annalyse Stratton: You too.