

*Farr*

Sept 25-1918

At a meeting of the Board of Health, it was deemed advisable to include Influenza among the reportable and quarantinable diseases at this time. You will, therefore, govern yourself accordingly. Cases of influenza must be reported to the Board of Health, quarantine established of the patients and not other members of the household not infected and who follow instructions as to isolation of the patient advised by the attending physician, otherwise quarantine will be complete. The following extracts from the Public Health reports of Sept 13-1918 may be of interest.--

'There is a sharp rise of temperature to 103 Or 104, complaint of headache, pain in the back and photophobia. The throat feels sore; there is congestion of the pharynx and in some instances laryngitis and bronchitis. Lateral nystagmus with suffused conjunctivae, a sign which Major Morris R.A.M.C. has drawn attention to in trench fever, is not rarely found in the influenza patient. In many cases the fever falls in three or four days and the patient recovers rapidly; in others there is a irregular pyrexia which may be accounted for by bronchitis; in rare cases by bronchiolitis, broncho pneumonia or by the presence of influenza bacillus in the blood. Few fatalities have been reported so far. The usual mode of death has been acute bronchiolitis with increasing cyanosis and terminal failure of right heart\*\*\*\*\* Incubation---Osler gives the inoculation period of influenza as from one to four days'. 'The onset is usually abrupt with fever and associated pneumonia. " during the present epidemic the period as determined from bed to bed onset in hospitals, has been 48 hours or less. \*\*\*\*\*The disease is highly communicable and during epidemics it spreads with remarkable rapidity. \*\*\*The sources of infection are undoubtedly the excretions from the nose, throat and lungs of cases or carriers and the mode of transmission is direct or indirect conveyance of these secretions by droplet infection or by means of handkerchiefs, towels, eating utensils etc.

A copy of this was sent to every physician and also published in both the Leader and Telegram.

Present---W.H. Barnes, Drs. Hayes, Lyman, Midelfart and Farr.