

Top 10 Most Popular Hobbies Acquired Over COVID-19 Quarantine

1. Binge Watching

Nothing was emphasized more in the pandemic than sitting on the couch and watching TV. Tiger King, Too Hot To Handle, and The Outer Banks were some of America's favorites released in the highlight of quarantine. I am guilty of watching these shows in one sitting. In fact, I ended up purchasing another subscription to another streaming site because I watched almost everything on Netflix.

2. Exercise

After being housebound for so long, technology starts to get unfulfilling. At home-workouts and exercising became a hot hobby. My roommate and I started a 30-day yoga challenge on YouTube and started biking on the trails around Eau Claire. It was a nice change of pace and switch of the scenery outside the 4 walls of our home

3. Cooking

Another popular hobby that sprouted over quarantine was cooking/baking. Many social media users on different apps- like TikTok, Instagram, and Facebook- created appealing videos of simple recipes with ingredients already in your home or were a simple buy.

4. Drinking

I believe that quarantine heavily influenced everyone's drinking behaviors. With no school (or work), nothing prohibited drinking on a weekday- in fact, it seemed almost normalized. Being quarantined with friends, isolated from the outside world, and in a college city- drinking was a great way to pass the time.

5. Online Shopping

At the start of quarantine, every establishment deemed "unnecessary" was recommended to close its doors to the public. That included entertainment facilities, coffee shops, and clothing stores. This was a bold thing for the government to do because, little did we know, it caused many companies to go out of business. To help prevent that, many people continued to shop online. This turn of events had many people "shop local" to support the small town, ma & pa businesses.

6. Try New Foods (take-out)

Although cooking was a gained hobby over quarantine, the food delivery service boomed. While the public was not allowed inside restaurants, they still made their food available for take-out or delivery.

7. TikTok Challenges

This video application really popped off during quarantine. Out of all of the social media websites, TikTok by far sweeps them all. Whether people were on it for recipe ideas, dance challenges, or just pure entertainment, TikTok boomed in 2019 and is still thriving today.

8. DIY Projects/Crafts

Plenty of people started projects and upgrades around the house. Social media displayed the fun DIY projects to do to pass the time of the long, repetitive days. Creativity entered the minds of the many isolated quarantiners.

9. Family/friend time

Quarantine was not a short period. Whether people got the virus or not, a great deal of time was spent with the people in the same house as you. Some people were stuck with roommates, whereas other individuals were stuck with their family. No matter the situation, quarantine arranged a lengthy time slot to spend with the people around you.

10. Gardening

Last but not least, gardening was a pastime acquired by many individuals. Cooking heavily persuaded this hobby because of all garden-fresh fruit or vegetables that can be a perfect addition to a meal. It also kept responsibility and sanity to many people.